

TCUGM NEEDS LIST

URGENT NEEDS IN RED

MEN'S SHELTER

- Winter Clothing
- Bus Tickets
- Scrubs, Sweatpants (All Sizes)
- Underwear (Medium and Large)
- Plain White T-Shirts
- Deodorant
- Shoes

WOMEN'S SHELTER

- Women's Winter Clothing
- Children's Winter Clothing
- Bus Tickets
- Underwear (size 8 and up)
- Paper Towels (Rolls)
- Bottled Water
- Juice Boxes
- Healthy Snacks
- Children's Shoes
- Nail Clippers
- Coloring Books

KITCHEN & PANTRY

- Bottled Water
- Lunch Meat, Cheese
- Mayonnaise
- Salad Dressings
- Healthy Canned Soups
- Grocery Bags
- Garbage Bags (55 Gallon)
- Cold Cereal
- Ketchup
- Napkins, Paper Towels
- Food Grade Latex Gloves
(M, L, XL)

NURSING & MEDICAL

- Small Bottles of Tylenol
and Ibuprofen
- Fiber (powdered)
- Cough Drops
- Ensure
- Turmeric (small bottles)
- Aleve
- Antacids
- Multi Vitamins
- Anti-fungal Cream
- Hydrocortisone Cream
- Hospital Pads
- Aloe Vera Gel

MISCELLANEOUS

- Paper Towels
- Lysol
- Bleach Wipes
- Garbage Bags (55 Gallon)
- Bed Pillows (New)
- Gift Cards (Lowe's, Home Depot)
- Sticky Notes, Scotch Tape
- Printer Paper