

# TCUGM NEEDS LIST

## URGENT NEEDS IN RED

### MEN'S SHELTER

- Spring Clothing
- Bus Tickets
- Scrubs, Sweatpants (All Sizes)
- Underwear (Medium and Large)
- Plain White T-Shirts
- Deodorant
- Shoes

### WOMEN'S SHELTER

- Women's Spring Clothing
- Children's Spring Clothing
- Bus Tickets
- Paper Towels (Rolls)
- Bottled Water
- Juice Boxes
- Healthy Snacks
- Children's Shoes
- Nail Clippers

### KITCHEN & PANTRY

- Ground Beef / Hamburger
- Bottled Water
- Lunch Meat, Cheese
- Salad Dressings
- Garbage Bags (55 Gallon)
- Eggs
- Napkins
- Pancake Mix
- Cold Cereal
- Food Grade Latex Gloves (M, L, XL)

### NURSING & MEDICAL

- Pepcid
- Zantac
- Small Bottles of Tylenol and Ibuprofen
- Fiber (powdered)
- Ensure
- Multi Vitamins
- Emergen-C
- Airborne
- Theraflu Packets
- Single Use Sterile Eye Drops
- MediHoney Wound Care Pads
- Turmeric (small bottles)
- Aleve
- Antacids
- Anti-fungal Cream
- Hydrocortisone Cream
- Hospital Pads
- Aloe Vera Gel
- Cough Drops

### MISCELLANEOUS

- Laundry Detergent
- Glass Cleaner
- Paper Towels
- Lysol
- Bleach Wipes
- Garbage Bags (55 Gallon)
- Kitchen and Bathroom Trash Bags
- Gift Cards (Lowe's, Home Depot)
- Sticky Notes, Scotch Tape
- Printer Paper