

# TCUGM NEEDS LIST

## URGENT NEEDS IN RED

### MEN'S SHELTER

- Fall/Winter Clothing
- Jackets + Coats
  - Bus Tickets
- Scrubs, Sweatpants (All Sizes)
- Underwear (Medium and Large)
  - Plain White T-Shirts
  - Sunglasses
  - Deodorant
  - Shoes

### WOMEN'S SHELTER

- Women's Fall/Winter Clothing
- Children's Fall/Winter Clothing
  - Jackets + Coats
  - Bus Tickets
- Paper Towels (Rolls)
- Bottled Water
- Sunglasses
- Juice Boxes
- Healthy Snacks
- Children's Shoes
- Nail Clippers

### KITCHEN & PANTRY

- Hamburger / Ground Beef
- Lunch Meat
- Garbage Bags (55 Gallon)
  - Ketchup
- Salad Dressings
  - Sugar
- Bottled Water
- Napkins

### NURSING & MEDICAL

- Benadryl
- Single Use Sterile Eye Drops
- MediHoney Wound Care Pads
  - Sunscreen
- 81mg Aspirin (low dose)
  - Aleve
  - Antacids
- Hydrocortisone Cream
  - Aloe Vera Gel
  - Cough Drops
- Small Bottles of Tylenol and Ibuprofen
  - Peppcid
  - Zantac
  - Emergen-C
  - Airborne
- Theraflu Packets
  - Ensure
  - Multi Vitamins

### MISCELLANEOUS

- Laundry Detergent (Liquid ONLY)
  - Paper Towels
  - Lysol
  - Bleach Wipes
- Garbage Bags (55 Gallon)
- Kitchen and Bathroom Trash Bags
- Gift Cards (Lowe's, Home Depot)
  - Sticky Notes, Scotch Tape
  - Printer Paper
  - Bike Locks