

TCUGM NEEDS LIST

URGENT NEEDS IN RED

MEN'S SHELTER

- Fall/Winter Clothing
 - Jackets + Coats
 - Bus Tickets
- Scrubs, Sweatpants (All Sizes)
 - Winter Gloves
 - White Socks
 - Sleeping Bags
- Underwear (Medium and Large)
 - Plain White T-Shirts
 - Sunglasses
 - Deodorant
 - Shoes

WOMEN'S SHELTER

- Women's Fall/Winter Clothing
- Children's Fall/Winter Clothing
 - Jackets + Coats
 - Bus Tickets
- Paper Towels (Rolls)
- Bottled Water
- Sunglasses
- Juice Boxes
- Healthy Snacks
- Children's Shoes
- Nail Clippers

KITCHEN & PANTRY

- Hamburger / Ground Beef
- Lunch Meat
- Garbage Bags (55 Gallon)
 - Eggs
 - Butter
 - Cereal
 - Ketchup
 - Salad Dressings
 - Sugar
 - Bottled Water
 - Napkins

NURSING & MEDICAL

- Benadryl
- Single Use Sterile Eye Drops
- MediHoney Wound Care Pads
 - Sunscreen
- 81mg Aspirin (low dose)
- Aleve
- Antacids
- Hydrocortisone Cream
 - Aloe Vera Gel
 - Cough Drops
- Small Bottles of Tylenol and Ibuprofen
 - Peppcid
 - Zantac
 - Emergen-C
 - Airborne
- Theraflu Packets
 - Ensure
 - Multi Vitamins

MISCELLANEOUS

- Laundry Detergent (Liquid ONLY)
 - Paper Towels
 - Lysol
 - Bleach Wipes
- Garbage Bags (55 Gallon)
- Kitchen and Bathroom Trash Bags
- Gift Cards (Lowe's, Home Depot)
- Sticky Notes, Scotch Tape
- Printer Paper
- Bike Locks