

# TCUGM NEEDS LIST

## URGENT NEEDS IN RED

### MEN'S SHELTER

- Fall/Winter Clothing
  - Jackets + Coats
  - Bus Tickets
- Scrubs, Sweatpants (All Sizes)
  - Winter Gloves
  - White Socks
  - Sleeping Bags
- Underwear (Medium and Large)
  - Plain White T-Shirts
  - Sunglasses
  - Deodorant
  - Shoes

### WOMEN'S SHELTER

- Women's Fall/Winter Clothing
- Children's Fall/Winter Clothing
  - Jackets + Coats
  - Bus Tickets
- Paper Towels (Rolls)
- Bottled Water
- Sunglasses
- Juice Boxes
- Healthy Snacks
- Children's Shoes
- Nail Clippers

### KITCHEN & PANTRY

- Hamburger / Ground Beef
- Lunch Meat
- Garbage Bags (55 Gallon)
  - Eggs
  - Butter
  - Cereal
  - Ketchup
  - Salad Dressings
  - Sugar
  - Bottled Water
  - Napkins

### NURSING & MEDICAL

- Benadryl
- Single Use Sterile Eye Drops
- MediHoney Wound Care Pads
- Cough Drops
- Ensure
- Multi Vitamins
- Sunscreen
- 81mg Aspirin (low dose)
- Aleve
- Antacids
- Hydrocortisone Cream
- Aloe Vera Gel
- Small Bottles of Tylenol and Ibuprofen
- Pepcid
- Zantac
- Emergen-C
- Airborne
- Theraflu Packets

### MISCELLANEOUS

- Laundry Detergent (Liquid ONLY)
  - Paper Towels
  - Lysol
  - Bleach Wipes
- Garbage Bags (55 Gallon)
- Kitchen and Bathroom Trash Bags
- Gift Cards (Lowe's, Home Depot)
- Sticky Notes, Scotch Tape
- Printer Paper
- Bike Locks