# TCUGM NEEDS LIST URGENT NEEDS IN RED

#### Women & Children's Shelter

**Underwear (All Sizes)** 

Deodorant

**Toilet Paper** 

Paper Towels (Rolls)

Women's Fall/Winter Clothing

Children's Fall/Winter Clothing

Laundry Detergent (Liquid)

White Socks

Kleenex

Juice Boxes

**Healthy Snacks** 

Children's Shoes

Travel Size Shampoo

#### Men's Shelter

**Underwear (All Sizes)** 

White Socks

Deodorant

**Toilet Paper** 

**Bottled Water** 

Fall/Winter Clothing

Scrubs, Sweatpants (All Sizes)

**Sleeping Bags** 

Shower Shoes / Flip-flops

**Shoes** 

# Nursing & Medical

**Reading Glasses** 

Cold Medicine

Emergen-C

**Cough Drops** 

**Individual Eye Drops** 

Multivitamins

Tylenol

MediHoney Wound Care Pads

Neosporin/Triple Antibiotic

Benadryl Cream

**Ibuprofen** 

**Hand Lotion** 

Ensure

# Kitchen & Pantry

### Rice

Canned Vegetables - Corn, Mixed Veg, Green Beans

**Canned Fruits** 

Canned Chili

**Tortillas** 

**Ground Beef** 

Eggs

**Salad Dressings** 

White Sugar

Silverware (Especially Forks and Spoons)

**Napkins** 

Bleach

55 Gal. Trash Bags

Cheese

## Miscellaneous

Hotel Shampoos & Soaps

Laundry Detergent (Liquid ONLY)

**Paper Towels** 

Lysol

Bleach

Garbage Bags (13 Gallon)

Garbage Bags (55 Gallon)

Kitchen and Bathroom Trash Bags

**Printer Paper** 

**Clorox Wipes** 

Gift Cards (Lowe's, Home Depot)

Sticky Notes, Scotch Tape

Bike Locks