

# TCUGM NEEDS LIST

URGENT NEEDS IN RED

## Women & Children's Shelter

Bottled Water  
Laundry Detergent (Liquid)  
Deodorant  
Toilet Paper  
Paper Towels (Rolls)  
Underwear (All Sizes)  
Women's Fall/Winter Clothing  
Children's Fall/Winter Clothing  
White Socks  
Kleenex  
Juice Boxes  
Healthy Snacks  
Children's Shoes  
Travel Size Shampoo

## Men's Shelter

Bottled Water  
Laundry Detergent (Liquid)  
Deodorant  
Toilet Paper  
Paper Towels (Rolls)  
Underwear (All Sizes)  
White Socks  
Fall/Winter Clothing  
Scrubs, Sweatpants (All Sizes)  
Sleeping Bags  
Shower Shoes / Flip-flops  
Shoes

## Nursing & Medical

Reading Glasses  
Cold Medicine  
Emergen-C  
Cough Drops  
Individual Eye Drops  
Multivitamins  
Tylenol  
MediHoney Wound Care Pads  
Neosporin/Triple Antibiotic  
Benadryl Cream  
Ibuprofen  
Hand Lotion  
Ensure

## Kitchen & Pantry

Rice  
Canned Vegetables - Corn, Mixed Veg, Green Beans  
Canned Fruits  
Canned Chili  
Tortillas  
Ground Beef  
Eggs  
Salad Dressings  
White Sugar  
Silverware (Especially Forks and Spoons)  
Napkins  
Bleach  
55 Gal. Trash Bags  
Cheese

## Miscellaneous

Hotel Shampoos & Soaps  
Laundry Detergent (Liquid ONLY)  
Paper Towels  
Lysol  
Bleach  
Garbage Bags (13 Gallon)  
Garbage Bags (55 Gallon)  
Kitchen and Bathroom Trash Bags  
Printer Paper  
Clorox Wipes  
Gift Cards (Lowe's, Home Depot)  
Sticky Notes, Scotch Tape  
Bike Locks